

## I Bought A Wig!

This is a tricky thing to write about, but here goes.....

My hair has always been on the thin side, but it has got much thinner in the last 5-8 years, and receded a lot at the front. Special shampoos, salon treatments, vitamin supplements - nothing helps.

Fundamentally, it's down to my Ectodermal Dysplasia (ED), which is the genetic disorder that myself and Daniel have, affecting our teeth, hair and other things.

Still, I've become more and more self-conscious, particularly about the way you can see straight through it, see my scalp etc. So last week I bought a wig.

I'm planning to wear it for work, and for occasions when I want to look my best, a bit like putting 'going out' clothes on. As for the rest of the time, I'm not sure yet. I might be wearing it the next time you see me.

So, the photos show my hair as it is now, and with the wig on.



I hope you'll agree that it suits me. If you haven't seen me for a long time, maybe you'd never have guessed it wasn't my hair. I also hope you'll understand why I'm doing this. I don't want to pretend to be someone I'm not. I'm trying to accept the reality and embrace it positively.

If you'd like to show your support, please donate to the ED Society to help fund research into the disorder - because let's face it, I'm never going to run a marathon or anything, but being this open and vulnerable is almost as big a deal for me!

Thank you very much to my friends, family and ex work colleague who donated and helped to raise £656 for the ED Society, I really appreciate it.

## Supporting a normal lifestyle

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