

## Symptoms Questionnaire

This questionnaire has been designed to enable the ED Society to obtain as much information as possible regarding the symptoms you experience and how we may be able to help you. We will use this information when helping our families

- obtain the best care for their children in schools by writing a School Care Plan and assisting the school in understanding more about Ectodermal Dysplasia
- to apply for Government benefits such as DLA, PIP and Blue Badges, to write Appeal letters and attend tribunals with the family (UK only)

Please complete the following questions as fully as possible. If we have not left enough room for your answers, please use a separate sheet.

Please note these questions cover all syndromes of the many different types of Ectodermal Dysplasia, therefore, not all questions will be applicable to you or your child.

All information provided in this document will be completely confidential and will not be shared with any third party without your express permission.

### Personal Details

Name of person with ED: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Male/Female: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Date completed: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Your relationship to person with ED: \_\_\_\_\_

## General Patient Information

Has a specific diagnosis for of Ectodermal Dysplasia been made? Yes  No

If so, what type of Ectodermal Dysplasia has been diagnosed?

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Who made the diagnosis? Geneticist / Dermatologist / Dentist / GP Doctor

If someone else, please state: \_\_\_\_\_

## Teeth

How many teeth do you have? Please circle the number

Adult Upper jaw - 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16

Lower jaw - 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16

Baby Upper jaw - 1 2 3 4 5 6 7 8 9 10

Lower jaw - 1 2 3 4 5 6 7 8 9 10

Please use the picture on the following page to state which of the top or bottom four teeth are pointed?  
Please circle the numbers or letters

Adult Upper jaw left - 1 2 3 4 5 6 7 8

Upper jaw right - 1 2 3 4 5 6 7 8

Lower jaw left - 1 2 3 4 5 6 7 8

Upper jaw right- 1 2 3 4 5 6 7 8

Baby Upper jaw left - A B C D E

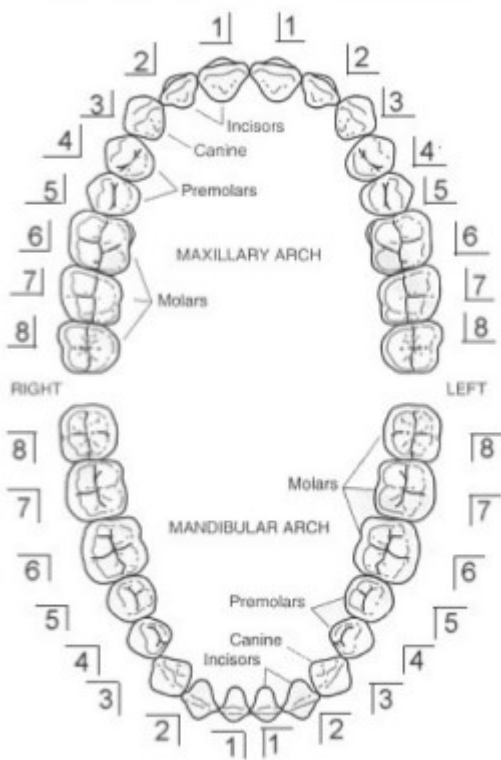
Upper jaw right - A B C D E

Lower jaw - A B C D E

Upper jaw right - A B C D E

## Adult Teeth

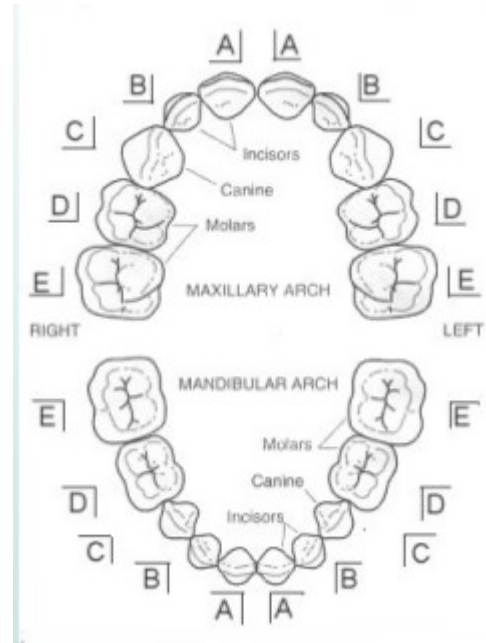
Upper Jaw



Lower Jaw

## Baby Teeth

Upper Jaw



Lower Jaw

Using the above pictures please state which teeth are missing? Please circle the numbers or letters

Adult

Upper jaw left - 1 2 3 4 5 6 7 8

Upper jaw right - 1 2 3 4 5 6 7 8

Lower jaw left - 1 2 3 4 5 6 7 8

Upper jaw right- 1 2 3 4 5 6 7 8

Baby

Upper jaw left - A B C D E

Upper jaw right - A B C D E

Lower jaw - A B C D E

Upper jaw right - A B C D E

Do you have dental implants?

Yes

No

Did your Dentist have difficulty placing the implants?

Yes

No

Were your implants successful?

Yes

No

If no, please explain what happened \_\_\_\_\_

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Did you have bone grafting? Yes  No

Is your jaw bone density very hard? Yes  No

Do you wear dentures? Yes  No

Did you have a cleft palate? Yes  No

Did you have a cleft lip? Yes  No

Do you have weak enamel? Yes  No

Do you have enamel discolouration? Yes  No

Do you suffer with recurrent mouth ulcers? Yes  No

Do you have delayed speech problems? Yes  No

Do you have speech problems? Yes  No

If yes, what speech problems do you have? \_\_\_\_\_

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Do you have any other teeth/mouth problems? Yes  No

If yes, what are they? \_\_\_\_\_

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Are you currently having any dental work? Yes  No

If yes, please explain? \_\_\_\_\_

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## Ears

- Do you have nerve or other deafness? Yes  No
- Do you wear hearing aids? Yes  No
- Do you have sensitive hearing? Yes  No
- Do you have impacted ear wax? Yes  No
- Is your ear canal narrow or misshapen? Narrow  Misshapen  Normal
- Do you have grommets? Yes  No
- Do you have recurrent ear infections? Yes  No
- Do you have any other ear problems? Yes  No

If yes, what are they? \_\_\_\_\_  
\_\_\_\_\_

## Nose

- Have you had nasal reconstruction? Yes  No
- If yes, when? \_\_\_\_\_
- Do you suffer frequent colds? Yes  No
- Do you suffer recurrent nosebleeds? Yes  No
- Are your nosebleeds frequent  occasional  severe  mild
- Do you have nosebleeds during the night  during the day  both
- Do you suffer recurrent chest infections? Yes  No
- Do you suffer thick nasal mucous? Yes  No

- Do you suffer nasal crusting? Yes  No
- Do you have bad smelling nasal discharge? Yes  No
- Do you suffer with asthma? Yes  No
- Do you have any other nose problems? Yes  No

If yes, what are they? \_\_\_\_\_

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## Throat

- Do you have large amounts of phlegm? Yes  No
- Do you have a lack of saliva? Yes  No
- Do you choke easily? Yes  No
- Do you have swallowing difficulty? Yes  No
- Do you have gastroesophageal reflux? Yes  No
- Do you have recurrent choking? Yes  No
- Do you have a hoarse voice? Yes  No
- Have you had your tonsils out? Yes  No
- Do you have any other throat problems? Yes  No

If yes, what are they? \_\_\_\_\_

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## Respiratory

Do you aspirate (food/water/etc., enters the airway when swallowing causing coughing)?

Yes  No

Do you have silent aspiration (food/water/etc., enters the airway when swallowing without coughing/choking)?

Yes  No

Do you use a humidifier?

Yes  No

## Sleep

Do you bedwet?

Yes  No

Do you have difficulty getting to sleep?

Yes  No

Do you have difficulty waking up?

Yes  No

Do you wake regularly during the night?

Yes  No

What causes you to wake regularly? \_\_\_\_\_

## Nails

Please describe your finger nails

Weak  Ridged  Brittle  Flaky

Thick  Small  Slow Growing  Flat

Spoon shaped  Normal  N/A

Please describe your toe nails

Weak  Ridged  Brittle  Flaky

Thick  Small  Slow Growing  Flat

Spoon shaped  Curled over end of Toes  Normal

Do you have recurrent nail infections? Yes  No

Are your fingers Missing  Webbed  Extra  Normal

Are your toes Missing  Webbed  Extra  Normal

Do you have any other finger or toe nail problems? Yes  No

If yes, what are they and have any treatments been successful? \_\_\_\_\_

\_\_\_\_\_

## Hair

Please describe your hair

Scalp hair? Absent  Patchy  Sparse  Normal

Type? Thin  Brittle  Fine  Dry  Straight  Curly

Colour? Brown  Red  Blonde  Black

Is your hair slow growing? Yes  No

Beard growth? Patchy  Absent  Normal

Do you wear a wig? Yes  No

Is it natural or synthetic hair? Natural  Synthetic

Did you obtain the wig on the NHS or privately? NHS  Private

Do you have recurrent scalp infections? Yes  No

Do you have any other hair problems? Yes  No

If yes, what are they? \_\_\_\_\_

\_\_\_\_\_



Have any treatments been successful?

Yes

No

If yes, what are they? \_\_\_\_\_

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## Joints / Muscles / Skeleton

Do you have muscle weakness affected by the weather? Hot  Cold  Both  No

Do you have regular joint aches affected by the weather? Hot  Cold  Both  No

Do you have painful legs? Yes  No

Do you constantly fidget? Yes  No

Have you ever had a broken bone? Yes  No

Do you break bones easily? Yes  No

Do you have difficulty walking? Yes  No

If yes to any of the above, please explain how you are affected \_\_\_\_\_

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Do you have any skeleton or limb problems including spine issues? Yes  No

If yes, please explain how you are affected \_\_\_\_\_

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## Digestion

Do you regularly vomit? Yes  No

Do you have regular nausea? Yes  No

Do you suffer with regular constipation? Frequently  Occasional  No

Do you have bladder problems? Yes  No

Are you tube fed? Yes  No

Have you been tube fed in the past? Yes  No

If yes, please say how long for and what treatments were used? \_\_\_\_\_

\_\_\_\_\_

Do you suffer incontinence? Yes  No

Do you have any allergies? Yes  No

If yes, what are they? \_\_\_\_\_

\_\_\_\_\_

Do you have any intolerances? Yes  No

If yes, what are they? \_\_\_\_\_

\_\_\_\_\_

### Sweat Glands

Please describe your sweating ability Absent  Decreased  Excessive

Do you have lack of temperature control? Yes  No

Are your activities restricted due to the heat or cold? Hot  Cold  Both  Neither

Do you have frequent high fevers? Yes  No

Do you have behavioural problems when hot/cold? Hot  Cold  Both  No

Have you started to sweat? Yes  No

If yes, at what age and how much do you sweat now? \_\_\_\_\_

\_\_\_\_\_

Please describe the cooling aids you use? Air-Conditioning  Fans  ChillowPillow   
Cooling Jacket  Cooling Vest  Wet Hat

Other please state? \_\_\_\_\_

Do you have any other temperature problems? Yes  No

If yes, what are they? \_\_\_\_\_

Please describe any other treatments you have found successful \_\_\_\_\_

## Eyes

Are your tear ducts Absent  Blocked  Normal

Are your tears Absent  Reduced  Normal

Do you have dry eyes? Yes  No

Have you had tear duct replacement? Yes  No

Do you have recurrent conjunctivitis? Yes  No

Do you have blepharitis? Yes  No

Do you have a squint? Yes  No

Do you have retinal detachment? Yes  No

Do you have astigmatism? Yes  No

Do you have in-growing eyelashes? Yes  No

Do you have darkly pigmented skin around the eyes? Yes  No

- Do you have wrinkles around the eyes? Yes  No
- Do you wear glasses? Yes  No
- Do you have photophobia (light sensitivity)? Yes  No
- Are your eyebrows.... Absent  Sparse  Normal
- Are your eyelashes.... Absent  Sparse  Normal
- Do you have any retinal scarring? Yes  No
- Do you have any other eye or vision problems? Yes  No

If yes, what are they? \_\_\_\_\_  
 \_\_\_\_\_

Please describe any treatments you have found successful \_\_\_\_\_  
 \_\_\_\_\_

## Skin

- What is your body skin condition? Dry  Splits/Cracks  Sensitive  Thin  Normal
- Do you have eczema? Yes  Severe  Mild  No
- Do you have body skin infections? Yes  Severe  Mild  No
- Do you have scalp infections? Yes  Severe  Mild  No
- Do you have scalp crusting? Yes  Severe  Mild  No
- Do you bruise easily? Yes  No
- Do you have thick skin on the sole of feet? Yes  Severe  Mild  No
- Do you have thick skin on palms of hands? Yes  Severe  Mild  No

Do you have cracks/splits on your fingers? Yes  Severe  Mild  No

Do you have cracks/splits on your toes? Yes  Severe  Mild  No

Is your skin slow to heal? Yes  No

Did you have blisters as a baby? Yes  No

Do you have skin changes when unwell? Yes  Blotchy  Pale  Dark  No

Do you have pigmentation marks? Yes  No

If yes, where are they? \_\_\_\_\_

\_\_\_\_\_

Do you have any other skin problems? Yes  No

If yes, what are they? \_\_\_\_\_

\_\_\_\_\_

Please describe any treatments you have found successful... \_\_\_\_\_

\_\_\_\_\_

## Other Problems

Do you have seizures? Yes  Frequent  Occasional  No

Are your seizures due to lack of temperature control or epilepsy?

Temperature hot  Temperature cold  Both  Epilepsy

Do you have blackouts (fainting)? Yes  Frequent  Occasional  No

Are your blackouts due to lack of temperature control?

Temperature hot  Temperature cold  Both

Do you have a short stature? Yes  No

Do you take or have you ever taken growth hormones? Yes  No

Are your breasts.... Left absent  Right absent  Left underdeveloped   
Right underdeveloped  Both underdeveloped  Normal

Are your nipples.... Left absent  Right absent  Left underdeveloped   
Right underdeveloped  Both underdeveloped  Normal

Do you have delayed sexual development? Yes  No

Do you have delayed mental development? Yes  No

Do you have delayed physical development? Yes  No

Do you have immune problems? Yes  No

If yes, what are they? \_\_\_\_\_

Do you suffer anxiety attacks? Yes  No

Do you suffer panic attacks? Yes  No

Do you suffer severe headaches/migraines? Yes  No

Please specify any other problems you suffer with that you feel we should know?

\_\_\_\_\_  
\_\_\_\_\_

## Difficulties in School

Do you have learning difficulties? Yes  No

If so, please explain? \_\_\_\_\_

Do you have lack of concentration? Yes  No

Do you have a School Care Plan? Yes  No

Do you have a Local Authority Educational Health Care Plan (EHCP)? Yes  No

### Infant or early childhood deaths in the family

Please list any other birth defects or health problems both past and present?

\_\_\_\_\_  
\_\_\_\_\_

Have there been any infant or early childhood deaths in the family? Yes  No

If yes, what age did they die? 1 2 3 4 5 6 7 years old

Did they have an Ectodermal Dysplasia Syndrome? Yes  No  Unknown

Any other family members suffer from ED? \_\_\_\_\_

\_\_\_\_\_

### Recommendation Medical Professionals

Can you recommend a Dentist? \_\_\_\_\_

Hospital and/or address: \_\_\_\_\_

Can you recommend a Geneticist? \_\_\_\_\_

Hospital and/or address: \_\_\_\_\_

\_\_\_\_\_

Can you recommend a Dermatologist? \_\_\_\_\_

Hospital and/or address: \_\_\_\_\_

Can you recommend a ENT Specialist? \_\_\_\_\_

Hospital and/or address: \_\_\_\_\_

Any other specialist? \_\_\_\_\_

**Disability Living Allowance / Personal Independence Payment / Carers Allowance / Attendance Allowance / Blue Badge - UK Only**

If you live in the UK .....

Do you receive Disability Living Allowance? Yes  No

If yes, which rate do you receive for the care component?

High Rate  Middle Rate  Low Rate

If yes, which rate do you receive for the mobility component?

High Rate  Low Rate

If no, have you ever applied? Yes  No

Do you receive Personal Independence Payment? Yes  No

If yes, which rate do you receive for the care component?

Standard Rate  Middle Rate  Low Rate

If yes, which rate do you receive for the mobility component?

Standard Rate  Enhanced Rate

If no, have you ever applied? Yes  No



Do you receive Carer's Allowance? Yes  No

If no, have you ever applied? Yes  No

Do you receive Attendance Allowance? Yes  No

Which rate do you receive? High Rate  Low Rate

If no, have you ever applied? Yes  No

Did you have to appeal? Yes  No

Did you have to attend a Tribunal? Yes  No

If yes, what was the outcome? \_\_\_\_\_  
\_\_\_\_\_

Do you have a Blue Badge? Yes  No

If no, have you ever applied? Yes  No

Did you have to appeal? Yes  No

If yes, what was the outcome? \_\_\_\_\_  
\_\_\_\_\_

**Your Questions**

Are there any specific questions you have? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

If you have visited our website it would be helpful for us to know if you found it easy to use, helpful and if you found the information you were looking for. We would also be grateful for any comments you may have \_\_\_\_\_

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**Thank you for completing this questionnaire.**

Please return it either by email or post to the address below.

**Do please contact us if you are at all worried after answering these questions,  
We are here to help.**

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**Supporting a normal lifestyle**