

## Give your child's teeth the best chance they have

*Sharon Cooper – ED Society trustee and mum to Leonie, 15*

As part of my daughter Leonie's dental treatment, she had her first dentures at around 5 years old and at about the same time her dentist gave her a stronger fluoride toothpaste to use, which you can buy in the shops, to try to protect the baby teeth that would not be replaced by adult teeth, teeth she would need for the rest of her life.

Since then, Leonie has always had the toothpaste **free on prescription**, either from her specialist at the dental hospital or from her normal dentist in our local town. She has also had all of her teeth fissure sealed and those seals are replaced when worn, again free on the NHS – it's a simple paste that is painted onto the teeth and then light set. The only complaint she makes is that it tasted of "horrid banana".

If you want to ask your dentist for the toothpaste, you need to ask for Duraphat 2800ppm fluoride toothpaste.

I don't know how much it has protected Leonie's teeth, she is now nearly 15 and has no fillings or cavities and her teeth remain strong. She's had no noticeable side effects with the constant use of a stronger toothpaste - so based on our experience I would highly recommend it to give your child's teeth the best chance they have.



## Supporting a normal lifestyle

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